## session 10: **handout** RELATIONSHIP CONTINUUM

**Directions:** Think about each of the following types of relationships and decide the following:

- What age do you think someone should be to engage in this type of relationship?
- What characteristics should people look for in a partner when they get into this kind of relationship?

| 1. First boyfriend/girlfriend — relationship mainly by phone      |  |
|---|--|
| Appropriate age Characteristics people look for:                  |  |
| 2. Group dating – go out/hang out with a group of friends         |  |
| Appropriate age Characteristics people look for:                  |  |
| 3. Go out casually with someone — one on one — off and on dating  |  |
| Appropriate age Characteristics people look for:                  |  |
| 4. Go out with someone seriously — see each other at least weekly |  |
| Appropriate age Characteristics people look for:                  |  |
| 5. Make the relationship exclusive – agree not to see anyone else |  |
| Appropriate age Characteristics people look for:                  |  |

| 6. Make a commitment — agree that the relationship is permanent |  |
|---|--|
| Appropriate age Characteristics people look for:                |  |
|   |  |
| 7. Get married – enter into a legal contract                    |  |
| Appropriate age Characteristics people look for:                |  |
|   |  |
| 8. Have a child together  |  |
| Appropriate age Characteristics people look for:                |  |
|   |  |